

# Intramurals Rules & Regulations

## SPORTSMANSHIP

Cornell College stresses that those participants in every event display good sportsmanship at all times. Physical or verbal abuse of opponents or officials, swearing at officials, opponents, swearing loudly, unsportsmanlike conduct or other inappropriate behavior by participants or spectators will not be tolerated. Cornell intramural program follows a No Swearing Policy. Spectators, players, officials and other involved in the contest must refrain from using profane language during all aspects of competition, preparation before and after the contests/activities. If swearing is directed to another participant or official a warning will be given first then action may be taken by a staff member.

## SPECTATORS

Teams are responsible for the behavior of their spectators. Spectators are subject to the policies of Cornell College and the Intramural Program.

## ALCOHOLIC BEVERAGES

No alcoholic beverages shall be present or consumed in or on any campus recreation facility. This applies to all intramural and open recreation activities that are conducted on campus. All Intramural Staff members have the right to remove any participant at any time. Anyone removed will not be allowed to continue play in the league that is being played. If it is a single day event, you will not be prohibited to enter the next scheduled event.

## INJURIES AND INSURANCE

Participation in the Intramural Program (IMs) is voluntary. **Every individual participating must sign the electronic waiver or a paper copy available at the event. Only one waiver per school year is necessary.** Cornell College does not accept responsibility for injuries sustained while participating in or traveling to or from program events. Participants are responsible for any and all cost arising from injury or property damage sustained through participation or spectating. All participants are advised, for their own protection, to obtain a physical examination before participation and provide their own accident and health insurance. In addition, participants are expected to use reasonable caution, observe the rules of the activity, and attain a level of physical conditioning suitable for the activity. Injuries are more likely to occur as the level of exhaustion increases. In case of injury, one should seek appropriate care. If blood is involved, it may endanger others as well as the injured. All injuries should be reported to the supervisor or official in charge at the time of the accident. Individuals who have uncovered open wounds or blood on clothing must leave competition immediately.

## ELIGIBILITY

All full-time and part-time students, faculty and staff members are invited to participate in the Intramural Program. Spouses of faculty/staff are also allowed to participate. Part-time students, faculty and staff are invited to participate during those blocks in which they are enrolled or contracted. Alumni are not allowed to participate in IM's. Members of a varsity or junior varsity athletic squad who have participated in practice or have competed in one or more varsity or junior varsity competitions MAY

NOT compete on an individual basis or as a member of a team in that Intramural sport or a related sport, unless specifically allowed by the rules of the activity. Competing individuals must be listed on a roster or entry form submitted before the entry deadline. Individuals may compete as a member of only ONE team at a time. Teams playing an ineligible player may be required to forfeit all contests in which the individual participated or may be removed totally from competition. Individuals may compete in both single, doubles and mixed doubles teams in those sports offering such options. Eligibility for Play-off and Championship Competition In order to be eligible for championship competition, an individual's name must have appeared on the roster before the first date of play-off competition in that event and the individual must have competed in at least one regular competitive event. A team winning a competition by forfeit may count all players on their roster as having participated in that contest. A team or individual may not have forfeited 2 or more contests during play prior to the play-off competitions. If any team has forfeited 2 or more games, that team will not be eligible for the play-offs or championships.

### **PUBLICITY**

Information about intramural and recreation events can be found in a variety of places on campus. A complete schedule, as well as entry forms and rules, can be found on the [Official Intramural Web Site](#).

### **AWARDS**

Awards are presented to the champion(s) and regular season winners in each competition. The award may consist of an official Intramural T-shirt or a variety of other awards. Individuals may also earn points based on participation if the IM Staff chooses to implement individual awards.

### **OFFICIALS**

The Intramural Program intends to provide a safe environment for all participants involved in intramural events. Students who do their best to use sound, unbiased judgment in making decisions do all officiating. Participants will refrain from making derogatory comments regarding their judgment. Persons treating officials or opponents in an offensive manner will be removed immediately from competition. If you are asked to leave a competition for being abusive to an official, you will also have to sit the next game out on the schedule.

### **DISQUALIFICATION POLICY**

A student participating in or watching any intramural activity is expected to display positive sportsmanship behavior toward all officials, opposing team members and representatives of the college. Negative sportsmanship will not be accepted or tolerated before, during, or after any activity. The following steps will be followed in dealing with negative sportsmanship:

1. Suspension from the activity: continual aggressive behavior, verbal or physical: continual use of profanity: harassment of officials, opponents or spectators, continual unsportsmanlike conduct during the activity. The individual will be removed immediately from the activity and not allowed to participate in the remainder of the league.. The individual must immediately leave the competitive area.

2. During the same school year, an individual suspended from total participation in two activities is prohibited from further participation in any intramural activity for the remainder of that school year.
3. Immediate suspension from participation from all intramural activity for the year will result from any physical violence directed toward an official, participant or spectator, whether or not contact is made. A previous warning is not required.
4. Campus Conduct charges may be filed for any behaviors that take place during an Intramural Event or Activity.

### **FORFEITS**

Forfeits are demoralizing to all participants and destructive to the entire Intramural Program!

A team or individual shall be deemed to have forfeited the contest if not ready to play within 5 minutes after the scheduled contest starting time. If neither team nor individual appears for a contest, both teams and individuals will be charged with a forfeit. Failure to complete a contest due to injury shall be considered a default and shall not cause loss of participation points. If an individual or team fails to complete a contest, the contest shall be considered forfeited to the opponent. Each forfeit, when in league play, will not have a recorded score but will result in the forfeiting team/s losing the competition. After having 2 forfeits in a league play, the team will not be eligible to play in the play-offs and will be banned from the next league play or team event on the schedule. If an individual participant signs up to play an individual event and does not show, that person will not be allowed to enter the next event on the schedule whether it is a league or individual event. If a team does not show up for a one day event, that team will not be able to enter the next event on the schedule whether it is a one day event or a league play. When enough notice is given in advance, it will not be a forfeit to the team and the game will try to be rescheduled.

### **INELIGIBLE PLAYERS**

A team shall forfeit any game in which they use an ineligible player.

### **REMOVAL FROM COMPETITION**

A team or individual will be removed from further competition in an activity after the second forfeit. A team or individual removed from competition in two activities during a school year may be banned from further competition within the Intramural Program for the year.

### **GENERAL RULES**

Individuals may represent any group to which they are associated in Intramural competition and may represent more than one group during a year. However, individuals may represent only one group and be a part of only one team per league during competition.