Over-the-Counter items, drugs and medications must be medically necessary.

- Requires a doctor’s prescription beginning 1/1/11
  - Does not require a doctor’s prescription
    - Letter of medical necessity required

### Antiseptics
- Antiseptic wash or ointment for cuts or scrapes
- Antiseptic mouthwash
- Benzocaine swabs
- Boric Acid powder
- First aid wipes
- Hydrogen Peroxide
- Iodine tincture
- Rubbing Alcohol
- Sublimed Sulfur powder

### Cold, Flu, Asthma and Allergy Medications
- Allergy medications
- Bronchodilator/expectorant tablets
- Bronchial asthma inhalers
- Cold relief syrup, tablets and drops
- Cough syrup, tablets and drops
- Flu relief syrup, tablets and drops
- Medicated chest rub
- Nasal decongestant spray, drops or inhaler
- Nasal strips to improve congestion
- Sinus and allergy nasal spray
- Homeopathic sinus medications
- Vapor patch cough suppressant

### Diabetes
- Diabetic lancets
- Diabetic needles
- Diabetic supplies
- Diabetic syringes
- Diabetic test strips
- Glucose meters
- Glucose tablets

### Ear/Eye Care
- Airplane or ear protection
- Ear drops for swimmers
- Ear water-drying aid
- Ear wax removal
- Homeopathic earache tablets
- Contact lens solution

### Health Aids
- Antifungal treatments
- Denture adhesive
- Diuretics and water pills
- Hemorrhoid relief
- Incontinence supplies
- Lice control
- Medicated bandages
- Motion sickness tablets
- Respiratory stimulant ammonia
- Sleeping aids

### Pain Relief
- Arthritis pain reliever
- Bunion and blister treatments
- Itch relief
- Orajel®
- Pain relievers, aspirin and non-aspirin
- Throat pain medications

### Personal Test Kits
- Cholesterol tests
- Colorectal cancer screening tests
- Home drug tests
- Ovulation indicators
- Pregnancy tests

### Skin Care
- Acne medications
- Anti-itch lotion
- Bunion and blister treatments
- Cold sore and fever blister medications
- Corn and callus removal medications
- Diaper rash ointment
- Eczema cream
- Medicated bath products
- Wart removal medications
### Stomach Care
- Acid reducing gum, liquid and tablets
- Anti-Diarrhea medications
- Gas prevention tablets or drops
- Ipecac syrup
- Laxatives
- Pinworm treatment
- Upset stomach medications

### Over-the-Counter (OTC) items
- Adhesive or elastic bandages
- Blood pressure meter
- Cold or hot compresses
- Eye drops
  - Foot spa
- Gauze and tape
  - Gloves and masks
- Herbs
- Leg or arm braces
- Massagers
- Minerals
- Multivitamins
- Saline nose drops
- Special supplements
  - Special teeth cleaning system
- Thermometers
- Vitamins

### Over-the-Counter Items that DO NOT qualify for reimbursement
- Aromatherapy
- Baby bottles and cups
- Baby oil
- Baby wipes
- Breast enhancement system
- Cosmetics
- Cotton swabs
- Dental floss
- Deodorants
- Feminine care fragrances
- Hair regrowth
- Low “carb” foods
- Low calorie foods
- Oral care
- Petroleum jelly
- Shampoo and conditioners
- Skin care
- Spa salts
- Sun tanning products
- Tooth brushes
- Over-the-counter items, drugs, or medications that are not medically necessary or are not prescribed by your physician or health practitioner

### Nonqualified services
- Cosmetic surgery and procedures unless it is for reconstruction due to disease, birth defect or accident
- Dental bleaching
- Marriage and family counseling
- Weight loss programs for general health or appearance