Course Information:

Foundations of Physical Education and Sports (Physical Education 111) -- Cornell College

Professor Ellen Whale, Consulting Librarian for the Physical Education Jean Donham, Writing Consultants Jen Rouse and Mariah Steele

This course covers the historical and philosophical foundations of physical education. It introduces students to academic research and writing.

Type:

Annotated Bibliography Summary Paper

Level: 100

Block Plan Context:

	S	М	Т	W	R	F	S
1							
2							
3							
4							

Important Features of the Assignment:

- Uses **critical thinking** while critiquing each source.
- Learns to select and evaluate materials from a **variety of sources**, including reference books, texts and professional journals.
- Includes proper documentation and citations.
- Emphasizes research and writing as a process by beginning with annotated bibliographies and moving toward summary papers.
- Utilizes the **expertise** of the librarian and writing consultants.
- Involves **sequencing** by beginning with critical annotations, incorporating these into a summary paper, and then proposing topics for future research.

Description of Assignment:

Related to physical education and/or sport, students will explore a topic from a broad perspective. They will evaluate the sources and write an annotation of each. These will be reviewed by their peers in class. Students will summarize the topic using their annotations. They will conclude with proposing narrower research topics that may be used in later courses.

I. Annotated Bibliography: (each annotation will be graded separately and compiled for grade)

- A. Contain a minimum of 6 *professional* sources that are appropriate to topic (articles, texts, reference books)
- B. Contain 1 source from a reference encyclopedia
- c. Include NO web sites
- D. For each reference, provide a 2-4 paragraph summary of relevant information available in the reference. A complete citation, written in proper APA format, will be included at the top of each annotation. (** See example provided below)
- E. Annotations will be due according to the following schedule. Each will be graded individually and returned to students as quickly as possible.

Annotation #1, 2

<u>Peer Review:</u> Friday, Sept. 9, 9AM <u>Due:</u> Monday, Sept. 12, 9AM

Summary #3, 4, 5

Peer Review: Thursday, Sept. 15, 9AM

Due: Friday, Sept. 16, 9AM

Annotation #6,

Due: Monday, Sept. 19, 9AM

II. Summary paper

In 4-5 pages, summarize the significant findings from your research on this broad topic. Include a strong and well organized introduction and closing. Develop the paper in an appropriate order that is logical and easy for the reader to follow. Include appropriate citations of references for information within the body of the text. Top, bottom and side margins of 1 inch; type font of 12

III. Future Research Topic

Provide 3-4 more focused or specific research topics, ideas or questions that a student may pursued in other Cornell courses. For each idea, provide 2-4 sentences that help the reader understand what a paper on that topic, idea or question would cover

IV. Final Project

When complete, the final project will be compiled (**Stapled or bound in some manner!**) as follows with each section after the first page labeled accordingly:

A. Title Page to include:

Title of Research, Student's Name, Date

- B. Summary Paper with Title of Research
- C. List of References Alphabetical order by author; APA format
- D. Annotated Bibliography include all annotations you may update if desired but these will not be re-graded
- E. Future Research Topic

Schedule for Summary Paper and Future Research Topics

Peer review: Thursday, Sept. 22, 9 am.

To the Writing Studio: No later than 2:00 pm on Monday, Sept. 26 Final Project Due: Tuesday, September 27, 9:00 am – in-class sharing

Topics:

- 1. Disabled Individuals in Physical Activity Settings
- 2. Violence in Sports
- 3. Obesity
- 4. Recreation and Senior Citizens
- 5. Exercise and Mental Health
- 6. Women and Sports
- 7. Race and Ethnicity in Sports
- 8. No Child Left Behind Law
- 9. Media and Sports
- 10. Movement and Brain Development
- 11. Games, Sports and Recreation of Native Americans
- 12. Politics and Sport
- 13. Religion and Sports
- 14. Nutrition and Sports Performance
- 15. Aging and Physical Performance
- 16. Sports Drug Abuse
- 17. Issues of Past and Current Olympics
- 18. Sport and Money
- 19. Teaching Approaches and Physical Education
- 20. Homophobia and Sports
- 21. College Athletics

***Sample Annotation

Sharpley, Steve. (1996, July). A review of the contributions of psychologists to the study of stress. *Stress News*, 9, (3), 2-4.

This review highlights the lack of clear definitions of stress provided by writers. At times, in magazine and newspaper articles, no definition of stress is given.

This author describes stress as "a negative discrepancy between an individuals perceived state and desired state, provided that the presence of this discrepancy is considered important by the individual." Studies in the field of stress have tended to focus on four broad areas: the individual's personality and belief sets, the affect of stress on workers and the working environment, methods of coping with stress, and methods of providing employee help for stress related problems in the work place (Primarily Employee Assistance Programs and Stress Management Programs).

Another focus of study has centered on the environment in which people work. The World Health Organization states that approximately 50% of people are unhappy with their jobs and yet spend typically half of their conscious lives at work. Management tends to view stress as an employee problem and not one associated with the work environment. Until companies implement stress management education for all working classes, stress will continue to prevail in every day lives

Timeline:

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
1	Librarian	Librarian	Librarian		Peer Review of	
	discusses	conferences with	conferences with		Annotations 1&2	
	assignment with	the students in	the students in			
	entire class.	pairs to help them	pairs to help them			
		focus their topics.	focus their topics.			
2	Annotations 1 & 2			Peer Review of	Annotations 3, 4	
	due.			Annotations 3, 4	&5 due.	
	Meet with Writing			&5		
	Consultant this					
	week or next.					
3	Annotation 6 due.			Peer Review of	Writing Workshop	
	Meet with Writing			Summary Paper	on strong thesis	
	Consultant this				statements, topic	
	week or previous.				sentences and	
					their relationship	
					to the structure of	
					a research paper.	
					Students also	
					worked in pairs to	
					evaluate each	
					other's work.	
4	Meet with Writing	Summary Paper				
	Consultant by 2	and Future				
	pm today.	Research Projects				
		due.				