

**Cornell College**  
**Departmental / Program Assessment Plan**  
Mission Statement, Learning Outcomes, and Learning Opportunities

Department / Program:	Counseling Services
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Mission Statement:

The Cornell College Counseling Center complements the college's academic mission by assisting students' personal and educational development through short-term counseling, consultation, educational outreach, and referral. We seek to help students develop effective problem solving and decision-making capabilities, in order to make satisfying life choices and maximize their capacity for continued emotional growth.

Program Goals:

To provide high quality, timely, and relevant services to students (and the campus community).

To expose students to resources that will benefit their emotional health and facilitate skill building to enhance their personal and educational development.

Intended Student Outcomes (3-5 recommended):

*As a result of their experiences in our program, students will...*

Students will be able to identify counseling resources and services on and off campus that benefit their emotional health and well-being.

Students will use counseling resources and services on and off campus that benefit their emotional health and well-being.

Students will identify and use ways to enhance their personal and educational development (e.g., self-care behaviors, problem solving and decision making strategies).

Students will be able to identify mental health issues and coping strategies.

Students will be able to articulate how counseling services (and resources) on campus are valuable/useful to them.

Learning Outcomes and Opportunities:

*How do the specified outcomes support the College's Educational Objectives; and where are students provided opportunities that will help them achieve these outcomes.*

The outcomes support the College's Educational Objectives 1, 4, and 5 through the variety of services the Counseling Center provides (e.g., individual counseling, consultation, outreach programs and trainings, website, bulletin boards, resource library, referral).

**One:** Be able to acquire, analyze, interpret, and communicate knowledge; possess skills including, but not limited to, writing, reading comprehension, critical thinking, quantitative reasoning, information literacy, and oral communication  
(Counseling Center outcomes 1-5)

**Four:** Integrate and transfer knowledge and skills from one setting to another;  
(Counseling Center outcomes 1-5)

**Five:** Be cognizant of their responsibility for individual, civic, and social choices  
(Counseling Center outcomes 1-5)

Curriculum Map:

Use the following grid – or one of your own making – to identify where educational opportunities [e.g., courses, programs, activities, etc.] introduce (I), reinforce (R), and/or emphasize (E) the skills/abilities necessary to achieve your intended outcomes. Include all intended outcomes and educational opportunities.

(Educational) Opportunities

X = is addressed at some level, which varies by student, program, etc.  Intended Outcomes ↓	Students will be able to identify counseling resources and services on and off campus that benefit their emotional health and well-being.	Students will use counseling resources and services on and off campus that benefit their emotional health and well-being.	Students will identify and use ways to enhance their personal and educational development (e.g., self-care behaviors, problem solving and decision making strategies).	Students will be able to identify mental health issues and coping strategies.	Students will be able to articulate how counseling services (and resources) on campus are valuable/ useful to them.
Counseling	X	X	X	X	X
Consultation	X	X	X	X	X
Outreach programs & trainings	X	X	X	X	X
Website	X	X	X	X	X
Bulletin board	X	X	X	X	X
Resource library	X	X	X	X	X
Referral	X	X	X	X	X

Information Priorities:

*Given our intended outcomes, the top 2-3 information priorities for our department/program are:*

- are students learning skills/strategies from our services and using them
- what are students' views of the Counseling Center, including willingness to use services
- needs assessment (what are the needs of students related to mental health services – topics/issues, services offered, services not available, etc.)