

Healthcare Questions? Call or access the following websites:

Plan Administrator: **First Administrators**

- For all general questions call: 1-800-206-0827 x85495 – Cindy Sappingfield
- Find a Select First Provider:
Website: www.firstadministrators.com – click on “Relationships, Select First, Find a Doctor or Hospital”. You’ll have a choice to look up providers by location or name.
- For on-line claims inquiries go to:
<http://firstview.firstadministrators.com> You’ll need to register and wait for a password number to be sent to you via regular US mail.
- Find a PHCS Provider (out-of-area):
www.phcs.com. Click on “search for a provider” (note: network=PPO). You’ll have a choice to look up providers by location, name, hospital, ancillary facility, or urgent care center name. You may also call 1-888-702-7427.
- Pharmacy: Caremark
Call: 1-888-335-1197. (Note: there is a number on the back of your ID card, but that number is for pharmacists who need help with claims).
Website: www.caremark.com. You may register on-line and then be able to access information regarding your prescriptions, or order refills on-line.