

Over-the-Counter items, drugs and medications must be medically necessary.

- ❖ **Requires a doctor's prescription beginning 1/1/11**
- **Does not require a doctor's prescription**
- **Letter of medical necessity required**

Antiseptics

<ul style="list-style-type: none"> ❖ Antiseptic wash or ointment for cuts or scrapes ❖ Antiseptic mouthwash ❖ Benzocaine swabs ❖ Boric Acid powder ❖ First aid wipes 	<ul style="list-style-type: none"> ❖ Hydrogen Peroxide ❖ Iodine tincture ❖ Rubbing Alcohol ❖ Sublimed Sulfur powder
---	---

Cold, Flu, Asthma and Allergy Medications

<ul style="list-style-type: none"> ❖ Allergy medications ❖ Bronchodilator/expectorant tablets ❖ Bronchial asthma inhalers ❖ Cold relief syrup, tablets and drops ❖ Cough syrup, tablets and drops ❖ Flu relief syrup, tablets and drops 	<ul style="list-style-type: none"> ❖ Medicated chest rub ❖ Nasal decongestant spray, drops or inhaler ❖ Nasal strips to improve congestion ❖ Sinus and allergy nasal spray ❖ Homeopathic sinus medications ❖ Vapor patch cough suppressant
---	--

Diabetes

<ul style="list-style-type: none"> • Diabetic lancets • Diabetic needles • Diabetic supplies • Diabetic syringes 	<ul style="list-style-type: none"> • Diabetic test strips • Glucose meters ❖ Glucose tablets
--	---

Ear/Eye Care

<ul style="list-style-type: none"> ○ Airplane or ear protection ❖ Ear drops for swimmers ❖ Ear water-drying aid 	<ul style="list-style-type: none"> ❖ Ear wax removal ❖ Homeopathic earache tablets • Contact lens solution
--	---

Health Aids

<ul style="list-style-type: none"> ❖ Antifungal treatments • Denture adhesive ❖ Diuretics and water pills ❖ Hemorrhoid relief • Incontinence supplies 	<ul style="list-style-type: none"> ❖ Lice control • Medicated bandages ❖ Motion sickness tablets ❖ Respiratory stimulant ammonia ❖ Sleeping aids
--	---

Pain Relief

<ul style="list-style-type: none"> ❖ Arthritis pain reliever ❖ Bunion and blister treatments ❖ Itch relief 	<ul style="list-style-type: none"> ❖ Orajel[®] ❖ Pain relievers, aspirin and non-aspirin ❖ Throat pain medications
---	--

Personal Test Kits

<ul style="list-style-type: none"> • Cholesterol tests • Colorectal cancer screening tests • Home drug tests 	<ul style="list-style-type: none"> • Ovulation indicators • Pregnancy tests
---	---

Skin Care

<ul style="list-style-type: none"> ❖ Acne medications ❖ Anti-itch lotion ❖ Bunion and blister treatments ❖ Cold sore and fever blister medications 	<ul style="list-style-type: none"> ❖ Corn and callus removal medications ❖ Diaper rash ointment ❖ Eczema cream ❖ Medicated bath products ❖ Wart removal medications
--	--

Stomach Care

<ul style="list-style-type: none"> ❖ Acid reducing gum, liquid and tablets ❖ Anti-Diarrhea medications ❖ Gas prevention tablets or drops ❖ Ipecac syrup 	<ul style="list-style-type: none"> ❖ Laxatives ❖ Pinworm treatment ❖ Upset stomach medications
---	---

Over-the-Counter (OTC) items

<ul style="list-style-type: none"> • Adhesive or elastic bandages • Blood pressure meter • Cold or hot compresses ❖ Eye drops ○ Foot spa • Gauze and tape ○ Gloves and masks ❖ Herbs • Leg or arm braces 	<ul style="list-style-type: none"> ○ Massagers ❖ Minerals ❖ Multivitamins ❖ Saline nose drops ❖ Special supplements ○ Special teeth cleaning system • Thermometers ❖ Vitamins
---	---

Over-the Counter Items that DO NOT qualify for reimbursement

<p>Aromatherapy Baby bottles and cups Baby oil Baby wipes Breast enhancement system Cosmetics Cotton swabs Dental floss Deodorants Feminine care fragrances Hair regrowth Low “carb” foods</p>	<p>Low calorie foods Oral care Petroleum jelly Shampoo and conditioners Skin care Spa salts Sun tanning products Tooth brushes Over-the counter items, drugs, or medications that are not medically necessary or are not prescribed by your physician or health practitioner</p>
---	--

Nonqualified services

<p>Cosmetic surgery and procedures unless it is for reconstruction due to disease, birth defect or accident Dental bleaching</p>	<p>Marriage and family counseling Weight loss programs for general health or appearance</p>
---	--