

Tips for Becoming a Competitive Applicant for Graduate and Professional Programs in Healthcare

1. Get to know your faculty members. Remember, these are the individuals whom you will ask to write your letters of recommendation. Can they comment on your maturity, academic ability, and leadership?
2. Look into pursuing a double major or a minor. This will help admissions committees see that you are a well-rounded individual with multiple interests, and will make you stand out from the crowd. If you choose to major in a natural or social science, choose something outside of the sciences to minor in (and vice versa).
3. Maintain your involvement in co-curricular activities throughout your four years of college. This shows you are committed to these activities. Try to step into leadership roles in your activities.
4. Use your summers wisely! If you need extra cash in the summer, try to find employment related to your career area of interest. Seek internships or volunteer opportunities. If you are thinking of going into biological or medical sciences, at least one summer should be used conducting research.
5. Job shadow someone in your area of interest. Need help setting up a job shadow? Contact the Associate Director of Dimensions for contacts in public health, medicine, dentistry, veterinary science, or other areas of interest to you.
6. Participate in an internship for at least one block during your tenure at Cornell. Internships are a great way to meet people in your field and experience the job you are interested in pursuing.
7. You will start the application process the summer between your junior and senior year if you intend to start your graduate or professional program following graduation from Cornell College. Start working with your faculty advisor and the Associate Director of Dimensions your first year on campus to ensure you:
 - have the necessary courses by that time to do well on your graduate admissions test,
 - have the appropriate experiences for the programs you hope to apply to, and
 - meet the prerequisites for the program.

Meet with the [Associate Director of Dimensions](#) to learn more!



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Healthcare